North Carolina Hurricane Preparedness

Emergency Supplies Kit

The best time to assemble your emergency supplies kit is well before you will ever need it. The kit should have enough supplies to last each member of your family three to seven days. Most people already have these items around the house and it is a matter of assembling them now before an evacuation order is issued.

Start with an easy to carry, water tight container—a large plastic trash can will do, or line a sturdy cardboard box with a couple of trash bags. Place the following items in your kit:

Essentials

- Water—1 gallon per person per day (a week's supply of water is preferable)
- Water purification kit or bleach
- First aid kit and first aid book
- Pre-cooked, non-perishable foods, such as canned meats, granola bars, instant soup, cereals, etc.
- Baby supplies: formula, bottle, pacifier, soap, baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices

- Non-electric can opener
- Anti-bacterial hand wipes or gel
- Blanket or sleeping bag per person
- Portable radio or portable TV and extra batteries
- Flashlight and extra batteries
- Essential medications
- Extra pair of eyeglasses
- Extra house and car keys
- Fire extinguisher—ABC-type
- Cash and change
- Seasonal changes of clothing, including sturdy shoes
- Important documents

Sanitation Supplies

- Large plastic trash bags for waste, tarps and rain ponchos
- Large trash cans
- Bar soap and liquid detergent
- Feminine hygiene supplies
- Shampoo, toothpaste and toothbrushes
- Toilet paper
- Household bleach
- Rubber gloves

NC Emergency Alert System Stations

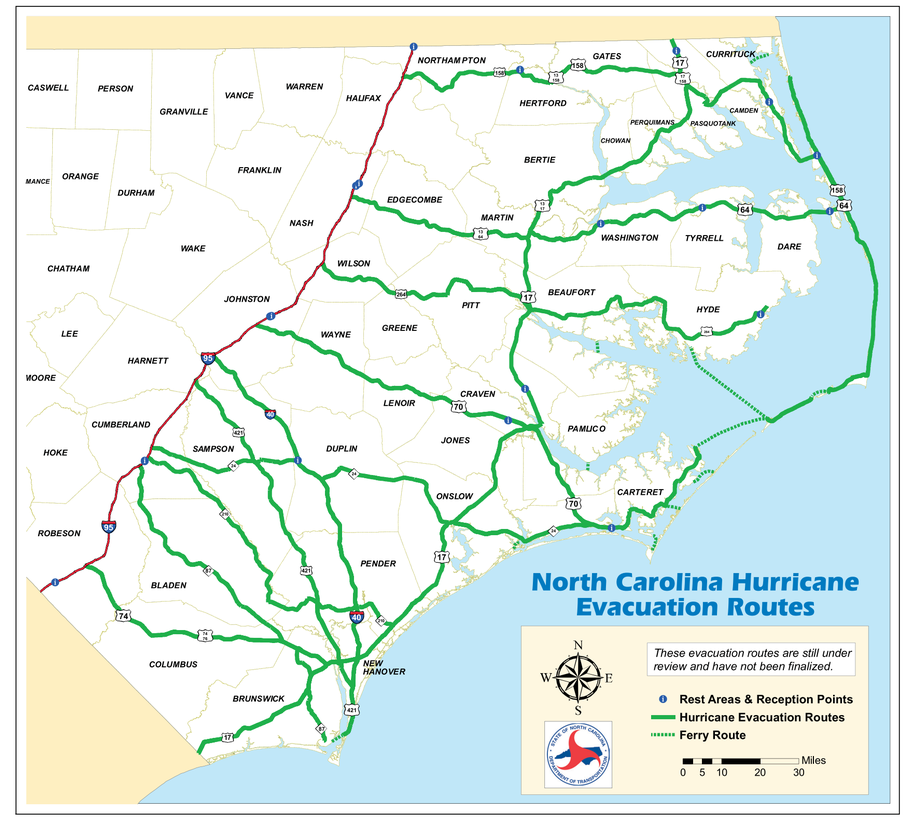
The following radio stations are key participants in the North Carolina Emergency Alert System. They, along with other radio and television stations, broadcast emergency information throughout the state.

Asheville-Black Mountain	WMIT	106.9 FM
Asheville-Black Mountain	WKSF	99.9 FM
Charlotte	WLNK	107.9 FM
Charlotte	WSOC	103.7 FM
Columbia (Tyrrell County)	WRSF	105.7 FM
Columbia (Tyrrell County	WERX	102.5 FM
Fayetteville-Lumberton	WQSM	98.1 FM
Fayetteville-Lumberton	WKML	95.7 FM
Goldsboro-Wilson	WRDU	106.1 FM
Goldsboro-Wilson	WYMY	96.9 FM
Raleigh-Durham	WQDR	94.7 FM
Raleigh-Durham	WDCG	105.1 FM
Statesville-N. Wilkesboro	W FMX	105.7 FM
Statesville-N. Wilkesboro	WKBC	97.3 FM
Winston Salem-Burlington	WKXU	101.1 FM
Winston Salem-Burlington	WTQR	104.1 FM
Washington-Kinston	WERO	93.3 FM
Washington-Kinston	WRNS	95.1 FM
Wilmington-Jacksonville	WMNX	97.3 FM
Wilmington-Jacksonville	WKOO	98.7 FM

Pet Disaster Supply Kit

- Proper identification including immunization records and rabies tags
- Ample supply of food and water and pet dishes
- A carrier or cage
- Medications
- Muzzle, collar and leash

Stocking up now on emergency supplies can add to your family's safety and comfort during and after a disaster. Store enough supplies for three to seven days in one place.



Road Safety

Before, During and After Hurricanes

Before

- Fill your car's gas tank in case you have to evacuate.
- Listen for instructions from local officials. If told to evacuate, do so quickly.
- Evacuate in a calm, orderly manner, and obey the instructions of the officers directing traffic.
- Get to a shelter, hotel or other destination and stay there until the storm has passed.

During

- Do not drive in hurricane-force winds.
- Do not drive on flooded highways. Just a few inches of water can float an automobile.
- Remain in your sheltered location until the storm passes and floodwaters recede.

After

- Once the storm has passed, stay off the roads so they will be clear for emergency vehicles.
- Do not return to your home/workplace until local officials announce that roads are open and it is safe to re-enter.
- Hurricanes can wash out roads, bridges and overpasses and make them unsafe.

For traffic and road conditions, see www.ncdot.org/traffictravel or call 511, the hotline for current and emergency road conditions.

If You Evacuate

- Take your emergency supplies kit.
- DON'T DRIVE ON FLOODED ROADS.
- Have a place to go, such as the home of a family member or friend, motel or shelter. When possible, evacuating within your county reduces the chance of being stranded in traffic and shortens your time to return home. Before a storm threatens, contact your county emergency management office for local evacuation information. (See phone numbers on other side.)
- Notify family or friends of your plans, when you are leaving and where your are going.
- Fill your car with gas. Take only the vehicle you will need to get you and your family to safety. This helps to reduce the amount of traffic on the roads.
- Bring extra cash. Banks may be closed, ATMs may not work.
- Enact your pet plan. (See section on pets).
- Bring important family documents in a waterproof container.
- Secure your home.
- Bring toys, books and games for entertainment.
- Bring pillows and blankets. Also, bring rain gear and sturdy shoes.
- Map out your route. Be familiar with your area's evacuation routes.
- Don't panic, arrive safely at your destination.
- After the storm is over, listen to local officials for further instructions.

If You Stay Home

- Have your emergency supplies kit ready.
- Enact your pet plan.
- Stock extra supplies. Batteries, water and canned food.
- You need to store at least a three-day supply of water for each person in your household. Stored water should be changed every six months. For more information, see www.redcross.org.
- Secure your home. Board up windows and secure lawn furniture, mowers, hanging plants, trash cans and other loose items in the yard.
- Fill your car with gas.
- Check on your neighbors, particularly the elderly or disabled.
- Use your NOAA weather radio. Stay alert to weather advisories.
- After the storm is over, listen to local officials for further instructions.

Seniors and the Disabled

- Create a personal support network to help you prepare for a disaster. Members should be people you trust who can check to see if you need assistance, who know your capabilities and needs, and who are able to offer help within minutes. Do not depend on only one person.
- Make an emergency information list that you and your network can use. This list will let others know whom to call if they find you unconscious, unable to speak, or if they need to help you evacuate quickly. Be ready to give brief, clear, and specific instructions and directions to rescue personnel, either orally or in writing.
- Don't be afraid to ask for help if you need it. Your local emergency management office maintains a registry of people who need assistance in a disaster.
- Talk to your doctor about your plans for dealing with an emergency and seek medical advice on a recommended course of action.
- Make a complete list of your medications and the doctor prescribing them. You should be prepared for three to seven days if an emergency occurs.
- Review the emergency checklist in this guide and consider any additional needs you may have such as batteries for hearing aides, extra oxygen tanks, back-ups for electrical medical equipment and special dietary requirements.
- Plan your evacuation. Know where you are going and how you will get there.

Taking Care of Your Pets

- When you must evacuate during a disaster, the most important thing you can do for your pets is to take them with you. Be prepared by developing a list of pet friendly places outside your immediate area. You can find pet friendly hotels and motels online at www.petswelcome.com. Keep the list with your family emergency kit.
- Many counties are developing pet friendly shelter plans. During an emergency, listen to local officials and media to find out if your local emergency shelter includes pets.
- Before a storm, make sure that your dogs or cats are current on their vaccinations and their name tags are securely fastened to their collars. Have a leash or pet carrier to control your pet.

North Carolina HURRICANE GUIDE

Get Ready, North Carolina! 2008

Photo by Chuck Beckley

Helpful Web Sites:

Ready North Carolina: www.ReadyNC.org
Family Preparedness: www.ready.gov
The National Weather Service: www.weather.gov
North Carolina Road Conditions: www.ncdot.org/traffictravel
NC Department of Insurance: www.ncdoi.com
NC Crime Control and Public Safety: www.nccrimecontrol.org

Sponsored by:
The N.C. Department of Crime Control & Public Safety
Emergency Management Division
(919) 733-3867 www.readync.org

Michael F. Easley, Governor
Bryan E. Beatty, Secretary

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