

Western North  
Carolina  
School Programs  
for Youth and  
Families

GRETA METCALF, LPC  
CHIEF OFFICER OF  
COMMUNITY  
ENGAGEMENT



Public-Private Partnership  
School Based Mental Health

Early Intervention Truancy  
Program

Inside-Out Program-An  
Alternative to Suspension



# School- Based Mental Health Services

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# Early Intervention Truancy Program

- Division of Adult Corrections and Juvenile Justice
- Smoky Mountain Center LME/MCO
- School Based Treatment Providers
- School Superintendents and Administration
- School Social Workers
- School Nurses
- School Resource Officers
- Department of Social Services
- Adult Probation Officers
- The Judge's Office
- Assistant District Attorney's Office
- Local Physicians



# ACTION PLAN

The Early Intervention Action Plan is created by the EI Team in conjunction with the Parent(s). The plan is created based on the perspectives of the parent and the school; which allows goals to be created and set into action with the collaboration of the entire Early Intervention Team.

SCHOOL PERSPECTIVE	PARENT PERSPECTIVE
6 unexcused absences 16 tardies; missing bus Tired/sleepy during class Jackson Psych is involved Siblings also have truancy issues	Family of 5 kids; 3 teens Father working 12 hr night shifts Transportation issues; only one vehicle Family history of insomnia Makes no excuse; often runs late

GOAL	ACTIVITY	RESPONSIBLE PARTY
Establish daily routine	Father will establish routine with help of treatment provider	Father
Consult Dr. re sleep issues	Father will schedule appt	Father
Eliminate unexcused absences	Father will ensure attendance unless ill	Father

# Inside Out-An Alternative to Suspension Program

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Provides Screening for High-Risk Youth for Safety: Links them to Suicide, Threat, or Routine Behavioral Health Services Assessment

Fulfill Gaps: Youth in crisis; Youth awaiting residential care; unsupervised youth in Out of School Suspension

Provides School Homebound Support

Decreases unexcused absences

Keeps student engaged in education-impacts drop out rate









# Partnership is Key

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Jackson County Local Government

Jackson County Juvenile Crime Prevention Council

Jackson County Public School

Mental Health Providers

Cullowhee United Methodist Church

Western Carolina University-Interns and Service Learning





# Inside Out Program- Outcomes

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138 total children served during 2014 to 2018

93% successfully or satisfactorily completed services as measured by performance against individual service plan.

86% demonstrated a reduction in problem behaviors for which they were referred by termination.

87% demonstrated improvement in targeted skills as specified in the individual service plan by termination.

83% of participants had no new adjudications during program participation.

82% had no new complaints during program participation.

# Questions?

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Inside-Out Program

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