

Dosage Parameters Crosswalk for JCPC-SPEP Service Types

| Program Type | Length of Stay (Minimum Standards) | Frequency of Contact (Minimum Standards) | Applicable SPEP Types | SPEP Optimal Target Weeks | SPEP Optimal Target Hours |
|---|---|---|--|---------------------------|---------------------------|
| Residential Programs | | | | | |
| JCPC Residential Program Types | | | Possible SPEP Types for Residential Programs | | |
| Group Home Care | 90+ days | N/A | Individual Counseling | 25 weeks | 30 hours |
| Temporary Shelter Care | Up to 90 days | N/A | Group Counseling | 24 weeks | 40 hours |
| Runaway Shelter Care | Up to 15 days | N/A | Mixed Counseling | 25 weeks | 25 hours |
| Specialized Foster Care | Flexible | N/A | Family Counseling | 20 weeks | 30 hours |
| Temporary Foster Care | Up to 60 days | N/A | Family Crisis Counseling | 4 weeks | 8 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 45 hours |
| | | | Behavior Management | 24 weeks | 72 hours |
| | | | Social Skills Training | 16 weeks | 24 hours |
| | | | Remedial Academic Program | 26 weeks | 100 hours |
| Community Day Programs | | | | | |
| JCPC Community Day Program Types | | | Possible SPEP Types for Community Day Programs | | |
| Juvenile Structured Day | Not to exceed 365 days (without detailed documentation of need) | N/A | Individual Counseling | 25 weeks | 30 hours |
| | | | Group Counseling | 24 weeks | 40 hours |
| | | | Mixed Counseling | 25 weeks | 25 hours |
| | | | Family Counseling | 20 weeks | 30 hours |
| | | | Family Crisis Counseling | 4 weeks | 8 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 45 hours |
| | | | Behavior Management | 24 weeks | 72 hours |
| | | | Remedial Academic Program | 26 weeks | 100 hours |
| Assessment Programs | | | | | |
| JCPC Assessment Program Types | | | Possible SPEP Types for Assessment Programs | | |
| Clinical Assessments or Psychological Evaluations | Depends upon time needed to complete the assessment activity | Not Specified | None / Not SPEP'able | | |
| Clinical Treatment Programs | | | | | |
| JCPC Clinical Treatment Program Types | | | Possible SPEP Types (by specific JCPC Program Type) | | |
| Counseling | | | | | |
| Individual Counseling | Not Specified | No less than every two (2) weeks | Individual Counseling | 25 weeks | 30 hours |
| | | | Mixed Counseling | 25 weeks | 25 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 45 hours |
| Group Counseling | Not Specified | No less than every two (2) weeks | Group Counseling | 24 weeks | 40 hours |
| | | | Mixed Counseling | 25 weeks | 25 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 25 hours |
| Family Counseling | Not Specified | No less than every two (2) weeks | Family Counseling | 20 weeks | 30 hours |
| | | | Family Crisis Counseling | 4 weeks | 8 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 45 hours |
| Home Based Family Counseling | 6 weeks to 9 months | At least three (3) hours weekly | Family Counseling | 20 weeks | 30 hours |
| | | | Family Crisis Counseling | 4 weeks | 8 hours |
| | | | Mixed Counseling | 25 weeks | 25 hours |
| Substance Abuse Treatment | Not Specified | No less than every two (2) weeks | Individual Counseling | 25 weeks | 30 hours |
| | | | Group Counseling | 24 weeks | 40 hours |
| | | | Mixed Counseling | 25 weeks | 25 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 25 hours |
| Sexual Offender Treatment | 1.5 to 2 years | Weekly, with declining frequency as the course of treatment concludes | Individual Counseling | 25 weeks | 30 hours |
| | | | Group Counseling | 24 weeks | 40 hours |
| | | | Mixed Counseling | 25 weeks | 25 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 25 hours |
| Restorative Programs | | | | | |
| JCPC Restorative Program Types | | | Possible SPEP Types (by specific JCPC Program Type) | | |
| Restitution/Community Service | | | | | |
| <i>Diverted youth and Teen Court Referrals</i> | No more than 6 months | Minimum twice per month and no less than 8 hours per month | Restitution/Community Service | 9 weeks | 38 hours |
| <i>Court Supervision</i> | One year unless otherwise ordered | | | | |
| Mediation/Conflict Resolution | No longer than 90 days | Based upon the requirements of the program | None / Not SPEP'able | | |
| Teen Court | Not to exceed 120 days (60 additional days may be approved to complete sanctions) | Not Specified | None / Not SPEP'able | | |
| Structured Activities Programs | | | | | |
| JCPC Structured Activities Program Types | | | Possible SPEP Types (by specific JCPC Program Type) | | |
| Mentoring | Minimum 1 year | Should average 2 hours per week | Mentoring | 26 Weeks | 78 hours |
| | | | Behavior Management | 24 weeks | 72 hours |
| Parent/Family Skill Building | Minimum 12 weeks unless implementing model program and following model specifications | No less than 2 hours weekly | Social Skills Training | 16 weeks | 24 hours |
| Interpersonal Skill Building | Minimum 12 weeks unless implementing model program and following model specifications | No less than 2 hours weekly | Social Skills Training | 16 weeks | 24 hours |
| | | | Cognitive Behavioral Therapy | 15 weeks | 45 hours |
| | | | Behavior Management | 24 weeks | 72 hours |
| Experiential Skill Building | Minimum 12 weeks unless implementing model program and following model specifications | No less than 2 hours weekly | Challenge Programs | 4 weeks | 60 hours |
| Tutoring/Academic Enhancement | Minimum of 20 weeks | No less than 2 hours weekly | Remedial Academic Program | 26 weeks | 100 hours |
| Vocational Development | Minimum 12 weeks unless implementing model program and following model specifications | No less than 2 hours weekly | Vocational Counseling | 20 weeks | 40 hours |
| | | | Job Training | 25 weeks | 400 hours |
| | | | Work Experience (Job Placement) | 26 weeks | 520 hours |